



Ski and Snowboard Trip Ledyard High School



Trip Details

Destination:	Okemo Mountain, Ludlow, Vermont
Date:	Sunday, February 10, 2019
Arrive at LHS:	4:45 am
Departure Time:	5:00 am sharp!
Return Time:	7:30 pm (approximately)
Type of Transportation:	Coach bus
Departure Location:	Bus area in front of LHS main entrance
Bus and Lift Ticket:	\$117 per young adult (age 13-18) \$124 per adult (age 19+)
Ski/Snowboard Rental:	\$38
Ski/Snowboard Lessons:	\$60 (2-hour group lesson)
Helmet rental	\$10

Group Lesson- \$ 60 per person 10 am and 1:30

* Rental and lesson fees must be paid at the time of registration.

****If we get 40 participants (excluding chaperones) everyone will be entered into a raffle for a **REFUND** of their lift ticket! The first 20 people to sign up get their name entered twice!****

Registration

- Payment will be accepted as cash or check.
- Make checks payable to *Ledyard High School*.
- Payment is due by Friday, January 18th! (*contact Mr. Woodruff after this date*)
- Complete both sides of attached permission slip.
- Be sure to include all rental and lesson details on the back of this handout
- Enclose payment and permission slip in an envelope with name on the front.
- Return payment and permission slip to Mr. Woodruff in Room 201 or Mr. Woodruff's mailbox in the Main Office.

Additional Information

- All students should be accompanied by a friend/buddy for safety reasons. (see itinerary for more details)
- There are no refunds unless you are able to fill your seat with another person.
- This trip may fill up and is first-come, first-served.
- Contact Mr. Woodruff with questions at swodruff@ledyard.net
- For text reminders/notices use: Remind 101 number (203)567-4117 text: @lhssk or follow us on *Twitter* : *LHS Ski/Snowboard@LHS_Slopeside*
- For additional details, changes, a detailed itinerary or a permission slip, visit our club webpage at: www.bit.do/ski-snowboard

*please complete the back of this form and turn in with your permission slip.
Copies can be obtained online.

Registration Information:

Select one of the packages below and complete all information.

<p>_____ Bus and Lift Ticket</p> <p>Price: \$117 (age 13-18) \$124 (age 19+)</p> <p>*Add \$10 for helmet rental</p> <p>Ability Level Beginner _____ Intermediate _____ Advanced _____</p> <p>Age _____</p>	<p>_____ Bus, Lift Ticket and Rental</p> <p>Price: \$155 (\$165 w/helmet) \$162 (age 19+, \$172 w/ helmet)</p> <p>Snowboard Rental _____ Ski Rental _____ Helmet Rental _____ Shoe Size _____ Height _____ Weight _____ DOB _____</p> <p>Ability Level Beginner _____ Intermediate _____ Advanced _____</p>
<p><u>SCHOOL GROUP Package</u> (age 13-18) _____ Bus, Lift Ticket, Rental and 2-hr group lesson</p> <p>Price: \$ 215 (\$ 225 w/helmet)</p> <p>Snowboard Rental _____ Ski Rental _____ Helmet Rental _____ Shoe Size _____ Height _____ Weight _____ DOB _____</p> <p>Ability Level Beginner _____ Intermediate _____ Advanced _____</p>	

Permission Slip

LHS Ski/Snowboard Trip

Please return by Jan 19th! The trip will be cancelled if we don't have enough people by this date.

·You can still sign up after the 19th if we have room on the bus·

If we get 40 participants (excluding chaperones) everyone will be entered into a raffle for a refund of their lift ticket! The first 20 people to sign up will get their name entered twice!

My child, _____ has permission to attend the Trip on **Sunday, February 10, 2019**. I also give the Ledyard School/Trip Leader/Chaperones permission to seek emergency medical attention for my child, as needed.

Date: _____
_____ (Parent/guardian signature)

Address: _____

Telephone # home _____ (circle preferred number)

Guardian cell # _____ Guardian Cell # _____

Participants cell# (optional) _____

Child's birth date: _____ Age _____



Medical Information

Please indicate below any medications your child is taking, or medical conditions and/or allergies he/she may have that would be important for medical personnel to know in the case of an emergency. Thank you.

Medical conditions/allergies:

Medications:

****Complete the back of the permission slip****



Transportation Waiver

Please be advised that the Ledyard Public School District is **NOT** responsible for, and does not assume responsibility for, the supervision or scheduling of the “Additional Transportation”; nor is it responsible for, or assume any liability for, any injury or accident arising from or related to any Additional Transportation being provided to your son/daughter before and/or after school. The school district has no insurance for, nor does it assume under any circumstances responsibility for, the Additional Transportation. Parents and/or Guardians authorizing such private transportation are required to waive any right to or claim of responsibility on the part of the school district for the Additional Transportation.

As parent and guardian of _____, I am aware of the Ledyard Public School District’s policies, particularly on Additional Transportation, and further understand:

1. That in utilizing Additional Transportation or other alternative transportation including, but not limited to, parents, student drivers, third parties, or any other transportation being provided by someone other than the Ledyard School District, I hereby waive, release, promise and agree not to file, bring or pursue any judicial, quasi-judicial, administrative or arbitral complaint, charge, claim or action and waive and release the right to recover any and all relief in any judicial, quasi-judicial, administrative or arbitration proceeding, suit or action filed or brought in the name of my son/daughter or in my name against the Ledyard School District, the Town of Ledyard, or the Town or School District’s Administration, their present or former officers, directors, members, agents, or employees, or any person formerly or presently acting on behalf of the Ledyard School District, the Town of Ledyard, or the Town or School District’s Administration, in either their official or individual capacities, arising out of my decision to have my child use Additional Transportation or other alternative transportation.

2. That any school-sponsored activity shall not begin until the student is under the direct supervision of the coach or faculty advisor, as the case may be, and the direct supervision shall terminate upon the Additional Transportation or other alternative transportation driver picking up my child.

I hereby certify that I have read and understand the above terms and conditions of the Ledyard School District policies and that I am the parent and/or legal guardian of the above-named student. I further certify that I give my express permission for, and assume full responsibility and legal liability (as set forth in detail above), of any Additional Transportation or other alternative transportation being provided for my son/daughter **TO** or **FROM** school for this event.

Print Name of Parent and/or Guardian

Signature of Parent and/or Guardian

Tear off and keep

LHS Ski/Snowboarding Trip Itinerary
Okemo Mountain, Vermont
Sunday, February 10, 2019

Remind 101 number (203)567-4117 text: @lhssk
Twitter- LHS Ski/Snowboard@LHS_Slopeside
swoodruff@ledyard.net

4:45 am – 5:00 am

Arrive at Ledyard High no later than **4:45 am**. We will begin loading the equipment onto the bus.

5:00 am

Bus departs Ledyard High to the mountain! The bus will depart promptly at 5:00 am.

8:15 – 8:30 am

Once we arrive at the mountain the bus will pull up to the group sales office. We will get everyone's ski tickets and distribute them while you are still on the bus. Once everyone has their ticket we will then proceed up to the main lodge where we will keep our belongings and meet later in the day for check-in. **THOSE NOT RENTING** equipment are free to start skiing at this point. **THOSE RENTING EQUIPMENT** will follow a chaperone to the rental area. Be sure to locate a safe spot for your gear. There are cubbies as well as a bag-check area. Ledyard High is not responsible for lost items.

9:00 am – 12:00 pm

Hit the slopes! Remember to be respectful of others. You must ski/snowboard with a buddy at all times! Ski patrol is located all over the mountain and in the lodge. If you are lost or injured be sure to contact ski patrol to assist you. We will be checking in with the ski patrol at lunch. Ski in control at all times. Be aware of other skiers around you and be courteous. We expect exemplary behavior from all of you. We can and will pull your lift ticket if we see you skiing out of control or braking mountain rules. We reserve the right to not extend future invitations to attend ski trips to you.

10:00 am OR 1:30 pm

*GROUP lessons are 2-hour group lessons

12:00 pm – 12:30 pm

Check in time! **ALL SKIERS MUST CHECK IN WITH A CHAPERONE BETWEEN 12:00 AND 12:30** at the base lodge. This is non-negotiable and anyone who does not check in will not be invited back for other LHS trips this year. Once you check in with us you are free to eat, ski, or just hang out. Our recommendation is that you eat during this time. You may either bring your own lunch or money to buy a lunch.

3:45 pm

All skiers/snowboarders who rented equipment must return their rented equipment to the rental shop. Punctuality is imperative so plan ahead. If you are out on the slopes and it is getting close to 3:45 don't take that last LONG run! After returning the equipment, meet us at the main lodge.

4:15 pm

Everyone heads to the bus in the parking lot. It should be in the same area as the morning drop-off. Carefully load your gear onto the bus and then get on. We will be taking attendance as people get on. Again, punctuality is imperative and will determine whether you are invited on another LHS ski trip.

4:30 pm

The bus will depart for LHS. Relax, have a snack, take a snooze, or watch the movie! Keep your area clean on the bus, as no one will be allowed off the bus at Ledyard High until we inspect your area for cleanliness. We will NOT be stopping for dinner on the way home so bring plenty of food to tide you over!

7:30 – 8:00 pm

Approximate arrival time at Ledyard High. People will have cell phones in the event that you need to contact someone

***If you or a friend is injured – CONTACT SKI PATROL IMMEDIATELY! THEY WILL CONTACT US AND WE WILL MEET YOU AT THE FIRST AID STATION!**

HELPFUL HINTS

- Bring snacks and lunch. Ski lodge food is available but expensive.
- Bring a backpack for your belongings instead of a bag. It is easier to carry all your gear if you've got both hands free.
- BRING WARM CLOTHING. Even if it warm in Ledyard, it may be a winter wonderland at the mountain.
 - Warm and waterproof jacket.
 - Snow pants. If you are a first time skier, let's face it, you are going to fall down. Falling means getting your clothes wet if you are not wearing snow pants. Come prepared with the proper gear!
 - Hat – make sure it covers your ears. A **helmet** is **strongly recommended**. Bring extra money to rent one (\$10) if it is not included in your package.
 - Waterproof mittens or gloves.
 - Something to keep your neck warm (scarf or neck warmer).
 - Extra layers – you can always reduce the amount of layers you are wearing at the lodge if you get too hot.
 - Appropriate socks for the ski boots.
- Have a watch/phone to keep track of the time.
- Label your equipment with your name and phone number.