

LHS Ski/Snowboarding Trip Itinerary

Okemo Mountain, Vermont

Sunday, February 10, 2019

Remind 101 number (203)567-4117 text: @lhssk
Twitter- LHS Ski/Snowboard@LHS_Slopeside
swoodruff@ledyard.net

4:45 am – 5:00 am

Arrive at Ledyard High no later than **4:45 am**. We will begin loading the equipment onto the bus.

5:00 am

Bus departs Ledyard High to the mountain! The bus will depart promptly at 5:00 am.

8:15 – 8:30 am

Once we arrive at the mountain the bus will pull up to the group sales office. We will get everyone's ski tickets and distribute them while you are still on the bus. Once everyone has their ticket we will then proceed up to the main lodge where we will keep our belongings and meet later in the day for check-in. **THOSE NOT RENTING** equipment are free to start skiing at this point. **THOSE RENTING EQUIPMENT** will follow a chaperone to the rental area. Be sure to locate a safe spot for your gear. There are cubbies as well as a bag-check area. Ledyard High is not responsible for lost items.

9:00 am – 12:00 pm

Hit the slopes! Remember to be respectful of others. You must ski/snowboard with a buddy at all times! Ski patrol is located all over the mountain and in the lodge. If you are lost or injured be sure to contact ski patrol to assist you. We will be checking in with the ski patrol at lunch. Ski in control at all times. Be aware of other skiers around you and be courteous. We expect exemplary behavior from all of you. We can and will pull your lift ticket if we see you skiing out of control or braking mountain rules. We reserve the right to not extend future invitations to attend ski trips to you.

10:00 am OR 1:30 pm

*GROUP lessons are 2-hour group lessons

12:00 pm – 12:30 pm

Check in time! **ALL SKIERS MUST CHECK IN WITH A CHAPERONE BETWEEN 12:00 AND 12:30** at the base lodge. This is non-negotiable and anyone who does not check in will not be invited back for other LHS trips this year. Once you check in with us you are free to eat, ski, or just hang out. Our recommendation is that you eat during this time. You may either bring your own lunch or money to buy a lunch.

3:45 pm

All skiers/snowboarders who rented equipment must return their rented equipment to the rental shop. Punctuality is imperative so plan ahead. If you are out on the slopes and it is getting close to 3:45 don't take that last LONG run! After returning the equipment, meet us at the main lodge.

4:15 pm

Everyone heads to the bus in the parking lot. It should be in the same area as the morning drop-off. Carefully load your gear onto the bus and then get on. We will be taking attendance as people get on. Again, punctuality is imperative and will determine whether you are invited on another LHS ski trip.

4:30 pm

The bus will depart for LHS. Relax, have a snack, take a snooze, or watch the movie! Keep your area clean on the bus, as no one will be allowed off the bus at Ledyard High until we inspect your area for cleanliness. We will NOT be stopping for dinner on the way home so bring plenty of food to tide you over!

7:30 – 8:00 pm

Approximate arrival time at Ledyard High. People will have cell phones in the event that you need to contact someone

***If you or a friend is injured – CONTACT SKI PATROL IMMEDIATELY! THEY WILL CONTACT US AND WE WILL MEET YOU AT THE FIRST AID STATION!**

HELPFUL HINTS

- Bring snacks and lunch. Ski lodge food is available but expensive.
- Bring a backpack for your belongings instead of a bag. It is easier to carry all your gear if you've got both hands free.
- BRING WARM CLOTHING. Even if it warm in Ledyard, it may be a winter wonderland at the mountain.
 - Warm and waterproof jacket.
 - Snow pants. If you are a first time skier, let's face it, you are going to fall down. Falling means getting your clothes wet if you are not wearing snow pants. Come prepared with the proper gear!
 - Hat – make sure it covers your ears. A **helmet** is **strongly recommended**. Bring extra money to rent one (\$10) if it is not included in your package.
 - Waterproof mittens or gloves.
 - Something to keep your neck warm (scarf or neck warmer).
 - Extra layers – you can always reduce the amount of layers you are wearing at the lodge if you get too hot.
 - Appropriate socks for the ski boots.
- Have a watch/phone to keep track of the time.
- Label your equipment with your name and phone number.